

# Annual Report

2013-14

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180/7 Shastri Nagar,  
Meerut - 250002  
Uttar Pradesh,  
India  
Phone: +91 - 121 -2763418, 4004123  
janhitfoundation@gmail.com,  
www.janhitfoundation.in

## Janhit Foundation



## About Janhit Foundation

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Janhit Foundation is an independent, not-for-profit non-governmental organization, actively engaged in the promotion of human welfare through environmental protection since 1998.

Key areas of work include:

- Groundwater quality protection for human health.
- Provision of safe drinking water to marginalized communities.
- Protection of river water quality for aquatic ecosystems.
- Enhancement of available water resources through water conservation measures.
- Promotion of sustainable agriculture by organic farming methods.
- Environmental education and empowerment of local communities.

Janhit Foundation undertakes this work through scientific research, campaigns, advocacy and grass-root level community involvement.

As a public interest organisation, Janhit Foundation focuses on strengthening local communities through their active participation in decision making, to achieve sustainable development. We believe that environmental degradation can only be addressed adequately if local people are empowered in decision making at all levels and have control over resources. To achieve our goals, we work in partnership with government, non-government, national and international organisations working on various environment and human rights issues.

### **Our Driving Force**

#### **Our Vision :**

- To empower local communities to take action to safe guard their environment and natural resources for themselves and future generations.
- To achieve this through community participation in our projects and activities and ensuring local people are consulted throughout the process of development.
- We strive towards building a sustainable future for mankind based on social justice and believe that this can only be achieved through up-holding of human rights and the rule of law.

#### **Our Mission :**

- Provision of safe, sufficient and sustainable water resources for all.
- Restored and protected agricultural land, providing nutritious and healthy food sustainably, for current and future generations.
- Sustainable use of natural resources, to ensure that our environment does not pose a risk to human health, and can sustain an appropriate and diverse wildlife.
- Empowerment of marginalized communities to improve their own environment and safeguarding their human rights

# Program Areas and Fields

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Janhit Foundation works mainly in Western U.P. It is promoting its organic campaign in various districts within the State. Its area of work can be ascertained from the map alongside.



## Key Areas of Our Work

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### **WATER AND SANITATION**

- v Protection & Preservation of Natural Water Resources
- v Provision of Potable Drinking Water to Marginalized Communities
- v Promotion of Safe Hygiene and Sanitation Practices

### **SUSTAINABLE AGRICULTURE**

- v Promotion of Organic Agriculture
- v Prevention of Chemical Fertilizers and Pesticides in agriculture
- v Enhanced Livelihood through Alternative Crop Production

### **CHILD RIGHTS**

- v Provision of Meerut CHILDLINE Service – a 24/7 helpline for children in distress
- v Providing Informal Education to Impoverished Slum Communities
- v Organizing Human Rights Awareness Programs

### **WOMEN EMPOWERMENT**

- v Improving the maternal and infant health care.
- v Capacity building of rural and urban women to improve their personal hygiene
- v Awareness on female foeticide issue and save the girl child program

### **SUSTAINABLE ENVIRONMENT**

- v Environment Education and awareness
- v Conservation and promotion of biodiversity and cultural heritage

## **Our Team**

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<b>S.N.</b>	<b>Name</b>	<b>Designation</b>
<b>1</b>	Anita Rana	Director
<b>2</b>	Sandeep Kumar	Programme Manager
<b>3</b>	Sonakshi Hudda	Freelancer
<b>4</b>	Neera Chaudhary	Counselor
<b>5</b>	Devpal Singh	Senior Programme Coordinator
<b>6</b>	Mr. Ravindra kumar	Programme Coordinator
<b>7</b>	Mr. Ravindra kumar	Programme Coordinator
<b>8</b>	Rohit Goel	Coordinator (CHILDLINE)
<b>9</b>	Shalu Saini	Team Member
<b>10</b>	Mahesh Chand	Team Member
<b>11</b>	Manmohan Singh	Team Member
<b>12</b>	Anil Kumar	Team Member
<b>13</b>	Ran Singh	Team Member
<b>14</b>	Sangeeta	Team Member
<b>15</b>	Asha	Team Member
<b>16</b>	Gaurav	Team Member
<b>17</b>	Avnish Sharma	Volunteer
<b>18</b>	Sachin Kumar	Volunteer

## Annual Programmes Undertaken

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### STUDY CONDUCTED ON THE EXISTING SITUATION OF THE WATER BODIES

The ongoing study to verify the existence of the natural water resource structures in 663 villages of Meerut districts of Western U.P was successfully completed this year. The study has been conducted with the support of Ministry of Water Resources (Government of India). It highlighted whether water bodies still exist or not and a comparison of the changes was drawn from the data of earlier studies conducted in the region by the foundation in 2003 with the support of Centre for Science and Environment. Thereafter, the quality analysis of water available in the selected water bodies was done. The outcomes were mapped on a GIS platform for policy makers and planners.

*Objectives of the study were –*

To verify the existence of the natural water resources structures in all the 663 villages of Meerut district of Western U.P.

1. To conduct water quality and quantity analysis of water available in the existing water bodies in all the 663 villages of Meerut district of Western U.P.
2. To analyse parameters for water quality of water bodies including Iron, Cadmium, Chromium, Lead, Pesticides, Concentration, Transparency, pH, Electrical Conductivity (EC), Dissolved Oxygen (DO), Biochemical Oxygen Demand (BOD), Chemical Oxygen Demand (COD), Chlorine.
3. Mapping of the outcomes on a GIS platform for e-Governance of water bodies.
4. Creating awareness amongst user groups about threat being faced by traditional water bodies.

*Methodology adopted was –*

- Sampling Design - Samples of 50 water bodies were collected through grab sampling process.
- In the first stage, revenue records were obtained for all the 12 blocks and Meerut Municipal Corporation.
- A survey was undertaken by a team of twelve field assistants in order to verify whether water bodies still existed or not as mentioned in the revenue records obtained.
- A total of 4-5 water bodies were selected for sample collection through grab (catch) sampling method in each block. These water bodies were randomly selected.
- Samples collected were analyzed by National River Water Quality Laboratory, Central Water Commission, New Delhi. The outcomes of the study were then finally mapped on a GIS platform for policy makers and planners.

*Findings of the study were -*

After visiting the villages within Meerut District to collect information about the status of natural water resources structures, it became apparent that of the 3306 natural ponds which should exist as per revenue records obtained only 3276 were physically present. It has also been found that the area of the existing water bodies has decreased due to encroachment or ignorance. The results show that barely 5% of the villagers in each village have encroached 80% of the ponds of that village.

Out of the 3276 water bodies that exist, 1039 are dry and 1232 have been encroached. In terms of the number of public wells, 1700 exist in Meerut district of which 1488 are dry with only 212 in use. This presents a bleak picture of Meerut district and explains why farmers are getting more dependent on private tube wells to extract water for irrigating their fields. It is inevitable that this increased use of tube wells and handpumps will have a negative impact on groundwater level and will result in people having to bore deeper in order to extract enough water in the future.

*The average of water quality parameters recorded*

<b>Parameters analyzed</b>	<b>Maximum</b>	<b>Minimum</b>	<b>Mean</b>
pH	8.97	7.42	7.99
Electrical Conductivity $\mu$ Mhos/cm	17630	1212	2756.16
Turbidity NTU	92	3	20.68
Arsenic $\mu$ g/L	24.32	0.5	5.62
Lead $\mu$ g/L	114.2	6.62	20.44
Chromium $\mu$ g/L	166.23	4.72	24.52
Cadmium $\mu$ g/L	10.85	0.05	0.74
Copper mg/l	0.35	0	0.05
Iron mg/l	6.35	0.19	1.77
Nickel mg/l	0.17	0	0.02
Zinc mg/l	7	0	0.29
Chemical Oxygen Demand (COD) mg/l 1904		336	744.96

A detailed report on the findings alongwith the GIS maps has been submitted to the Ministry of Water Resources (Govt. of India).

JANHIT FOUNDATION got listed with Give India, Banglore for fundraising & donation purpose.

Our projects with Give India can be seen online at <http://www.giveindia.org/m-1474-Janhit-Foundation.aspx>

The SRTT project is a year-long endeavour which is still work in progress. Janhit Foundation in collaboration with the Ratan Tata Trust has successfully completed its 6 month goals and taken another step forward in making a real difference. The activities undertaken by the foundation were kicked off by selection of the beneficiaries. The target set for the proposed project is about 2,00,000 women from slums of Meerut city.

For selection of beneficiaries, small meetings were organised in 50 different slums of the city wherein the women (pregnant, young girls and others) were met and briefed about the project. It was a colossal challenge for the organisation to persuade them to participate in the project but JF has fortunately engaged over 10000 beneficiaries from more than 35 different slums of the city in the first phase of the training program. This is an unprecedented number considering the fact that there are 2 training programmes yet to be held. This was followed by a recruitment drive wherein staff members were appointed for smooth implementation of the project. Part time trainers for technical support and provision of expert knowledge were enlisted. Publication of training material was given top priority and powerpoint presentations, posters and pamphlets were created in Hindi to communicate the message effectively.

Stockpiling of medical equipment and medicines for demonstration and training purposes was done simultaneously. In the third stage of the training programme, safe delivery kits will be distributed to the volunteers of Slum Health Support

Group (SHSG) that will be formed in the slums. In a country like India where millions of women die of complications during pregnancy or childbirth, especially the poor class and slum dwellers, JF has taken up the responsibility and arduous task of spreading awareness and educating these women. Most of these deaths can be avoided as the necessary medical interventions exist and are well known. The key obstacle is pregnant women's lack of awareness and access to quality skilled care before, during and after childbirth which is our area of focus. Creating an environment within households and community that support women in seeking the needed care is the key to success of this project.

There is a yawning gulf between the economically well to do and backward classes and Janhit Foundation is striving towards bridging this gap by reaching out to the slum dwellers who have no access to information whatsoever. JF has made an impact and will leave no stone unturned in the coming months to make this project a roaring success.

### **VISIT BY CARITAS INDIA**

There is saying that to Badlav ko ek dusare tak pahuchana zaruri hai. ( It's important to share and exchange development change process) to have sustainable impact and impact at larger canvas. In line with the same Caritas India ( Caritas India is largest networked organisation in India working with 300+ partner organisations across India) is facilitating an innovative farmers conference from 25th-26th March 2014 at New Delhi. Yes! its farmers conference; we heard of conference of delegates, officers, bureaucrats etc. but this is different-This is a conference by the farmers for the farmers and people related with development of farming.

### **Ushering Second Green Revolution in Indian Agriculture**

Janhit Foundation was invited to participate and share its work at a National

Seminar organized by Con-federation of Indian industry (CII) with the support of the Ministry of Agriculture, Government of India at New Dehli.

The technological breakthroughs of the Green Revolution in the 60s and 70s sprang India towards self suf-ficiency in food grains. But over the last few decades our growth has slowed while a continuously swell-ing population means more people are demanding more agricultural commodities. Adding to this are fac-tors like slow supply side responses, consistent high inflation, the sluggish improvement in yield per acre with a finite supply of arable land etc.

In the current scenario to grow and feed our population, we need to catalyze a 2nd Green Revolution or more aptly an Evergreen Revolution with focus on increasing yields in land we already farm, environ-mental sustainability, and inclusiveness through right strategies, policies and interventions.

Janhit Foundation shared its views on a convergence strategy involving significant roles for civil society, public sector and private sector to devise a mechanism together to sustain enhanced productivity, provide opportunities for agricultural growth and boost the economy.

### **Stall at Saket Mall, Delhi**

On 16th November' 13, JF had put up a stall at Saket Mall, Delhi wherein it sold the organic products being grown by the farmers of Meerut. The stall was the major talk of the mall that day and it became a bumper success.

The visitors who were unknown to organic products were briefed about the organic farming and its benefits by the staff members of JF.

### **Association with 'Declining Girl Child Sex Ratio' Campaign**

In association with the "Declining Girl Child Sex Ratio" campaign being run by Action Aid (Lucknow), Janhit Foundation created awareness in Meerut district on saving girl child. It motivated about 100 pradhans to sign a resolution that they will save girl child in their respective villages and that they will create awareness among others too.

## **WATER MANAGEMENT MEET**

Prof. Archana of political science department of Chaudhry Charan Singh University, Meerut and Janhit Foundation organized the seminar on water management. Director of JF, Ms. Anita Rana was one of the member of jury along with A.D.G Mr. Mahendra Modi (Lucknow) and vice chancellor of CCS University. Ms. Rana during her speech imparted the message about water conservation and told the gathering about the importance of rain water harvesting.

Mr. Mahendra Modi brought different concepts of water recharging that actively help farmers to save rain water and to increase the level of ground water. He shares some model of water recharging techniques and concepts of recycling water. The seminar ended with a motivated speech of Mrs. Rana where she was honored with a memento. At the end of day Mrs. Rana invited Mr. Modi for press conference at Janhit office. Mr. Modi and Mrs. Rana planned strategies to implement plans in different villages.

## **PANI PANCHAYAT**

"Kutte ka Talaab" is situated in Ghaziabad district approximately 1 km from the Lalkaun locality in the village Chipyana. As legend has it, the pond was historically the tomb of a faithful dog that was mistakenly killed by his master. The pond derives its name from the fact that many people take a dip in the water after having been bitten by a dog. After immersing themselves in the water, the people pay obeisance to the idol of the dog and feel relieved of all physical pain and mental trauma. This folklore is also

paid tribute in the book “Swadhinta Andolan aur Meerut” written by Acharya Deepankar (Professor of Lacs of Rupees), with records providing evidence of it dating back to the times of Nal and Damyanti.

Janhit Foundation in association with Coca Cola India Beverages Pvt. Ltd. and Charities Aid Foundation has taken up the responsibility of reviving this pond and thus keeping the history of this pond living and the legend alive. Janhit foundation organized pani panchayat on 6.May.2013 with the aim to reconstruct kutte ka talab which was in a critical condition. The meeting involved the participation of Janhit’s team, representatives from Coca Cola, CAF, and the local administration, the Pradhan of the region and residents of Chipyana village. During the opening speech, Ms. Anita Rana welcomed all the guests and participants and shared the work being undertaken by Janhit Foundation on water conservation. She also briefed the gathering about this important concept and the activities which would be undertaken in order to restore the pond to its former glory. Mr. Prateek Dubey on behalf of Coca Cola also gave a briefing on similar initiatives being undertaken by his agency. Also present were the Village head Mr. Ravindra Chaudhary, Block Head Mr. Amrish Bhati and the District President of Gautam-budh Nagar Sh. Fakeerchand Nagar , and they all showed a keen interest in supporting Janhit Foundation .

In the end of the programme, Janhit Foundation appealed to the local villagers to extend their support and assistance to this project. In addition to this, it was emphasized that the villagers must play a significant role in maintaining the pond.

### **SANJEEVNI CLUB MEET**

“Save planet, then planet will save you” with this objective the president of Sanjeevni club Mrs. Nishi jain Organized a sanjeevni club meet on 7th June 2013. Director of Janhit

foundation Mrs. Anita Rana and her team attended the meet where she emphasized on importance of rain water harvesting, solid waste management that include- plastic, kitchen waste and garden waste. Waste management is a distinct practice from resource recovery which focuses on delaying the rate of consumption of natural resources. All waste materials, whether they are solid, liquid, gaseous or radioactive fall within the remit of waste management Waste management practice can differ for developed and developing nations, for urban and rural areas, and for residential and industrial producers. Management of non-hazardous waste residential and institutional waste in metropolitan areas is usually the responsibility of local government authorities, while management for non-hazardous commercial and industrial waste is usually the responsibility of the generator subject to local, national or international authorities. On the other hand rain water harvesting is one of the most important techniques to save water. Rainwater harvesting is the accumulation and deposition of rainwater for reuse before it reaches the aquifer. Uses include water for garden, water for livestock, water for irrigation, etc. In many places the water collected is just redirected to a deep pit with percolation. The harvested water can be used as drinking water as well as for storage and other purpose like irrigation. She discuss some methods of rain water harvesting like Instead of using the roof for catchment, the RainSaucer, which looks like an upside down umbrella, collects rain straight from the sky. This decreases the potential for contamination and makes potable water for developing countries a potential application. Other applications of this free standing rainwater collection approach are sustainable gardening and small plot farming.

## **GROUND WATER WEEK**

A drop of water saves life, water is essential for life. Grounwater is essential to the health and well-being of humanity and the environment. And knowing its importance Janhit Foundation organized Ground water week on 22nd July. We met the sarpanch of village and organized a meeting where nearby village sarpanch were also present. We discussed about water crissis, water crisis involves water stress, water shortage or

deficits, and water scarcity. A water crisis is a situation where the available potable, unpolluted water within a region is less than that region's demand. They shared their problem of maintaining agriculture field and ground water related problems. Team of Janhit foundation motivated them and provided them new approaches to save ground water like water recharging concepts. Recharge may be impeded somewhat by human activities including paving, development, or logging. These activities can result in loss of topsoil resulting in reduced water infiltration, enhanced surface runoff and reduction in recharge. Farmers got motivated and took oath to save water along with entire janhit team.

## **WORLD WATER WEEK**

World Water Day has been observed on 22 March since 1993 when united nation declared 22 March as "World Day for Water". Janhit Foundation celebrated World water week by organizing a drawing competition from 22nd march 2013 to 29th march 2013 at Kasturba Gandhi Balika vidhalya focusing the central theme of the day "SAVE WATER". On 1ST April 2013 prize distribution was organized in which director of Janhit foundation and honorable Jeevendra singh yeri (B.S.A, U.P) distributed prizes to top 3 winners. The function culminated by giving a message from desk of Mrs. Anita Rana "Concrete efforts are necessary to provide clean drinking water and improve health as well as to increase awareness world-wide of the problems and of the solutions".

## **INDIA WATER PARTNERSHIP MEET**

Board of Governors of India Water Partnership (IWP), On behalf of Dr. R K Gupta, President, IWP & Chairman-cum-Managing Director, WAPCOS Ltd. organized 21st Board of Governors meeting of IWP on 12th June, 2013 at 1500 hrs (3.00 P.M.) at WAPCOS Ltd., Gurgaon. Objectives of IWP is to support action to sustainable and integrated development and management of water resources at national, regional river

basin/sub-basin and local levels in India. To highlight the critical role of water for future survival of human beings and draw attention to its increasing scarcity and the resulting implication for policies, programs, and projects. The Mission of India Water Partnership is to support action of sustainable and integrated development and management of water resources at national, regional river basin/sub-basin and local levels in India. Director of Janhit Foundation Mrs. Anita Rana and her team member attended the meet and participated in a strong dialogue about water conservation.

### **VISIT TO SANOLI VILLAGE**

Water is one of the critical issues which must be taken in consideration. Janhit Foundation team with Prof. Pushpindra Singh, Ajay Kumar Garg Engineering College visited Sanoli village in Meerut.

There we came face to face with the critical condition of farmers who were in stress because they were unknown to how to save and conserve water for irrigation and maintaining fields. We visited different places and found the locations where services are needed like pond, wells, etc. There we met Pradhan of village and shared strategies of ground and rain water harvesting. We planned the strategies to control the pollution near ponds and how to join hands with committee.

### **SANITATION HYGIENE for rural girls and women**

Janhit Foundation with an aim to promote better health and hygiene of women and girls, organized awareness programmes in urban and rural areas of Meerut district.

Along with presentation and lectures, open sessions were organized to learn about the difficulties faced by them due to lack of resources and other problems.

About 200 beneficiaries in Kaithwadi and Rasna villages as well as urban slum areas of Meerut district were given free sanitary napkins. It was a great event and the Foundation made an excellent rapport with the young girls. It was found during the informal discussions with the girls that almost 80% of these girls used rags and could not

afford the expenses to use pads. It means that poor Indian adolescent girls and women risk vaginal and urinary tract infections (and thus illness, incontinence, and infertility) during every period from puberty to menopause. This is a grave problem and needs immediate attention which made the foundation to seriously think on the possibilities to cater the needs of large target group which could benefit from the programme. Thus, Janhit Foundation in near future plans to set up a cost effective sanitary napkin production unit.

## **HANDWASH PROGRAM**

Janhit Foundation organized awareness programme on importance of handwashing with the school children of St. Johns, Meerut. During the programme, students were educated on the importance of hand-washing with soap as an effective, simple, and affordable way to prevent disease. They were made aware to lather up to prevent life-threatening diseases such as diarrhoea and acute respiratory infections.

The simple act of washing hands with soap at critical moments – such as after using the toilet or before handling food – is an easy and affordable intervention that can reduce the incidence of diarrhoea among children under five by almost 50 per cent, and cut respiratory infections by as much as 25 per cent. This was very popular and hundreds of students benefitted from this very valuable activity.

## **Minority Welfare Initiative**

As an initiative for creating educational and social awareness and inform minorities about the government welfare schemes an NGO, Janhit Foundation organized a training on the welfare schemes of Ministry of Minority Affairs. The purpose was to ensure that the minority population in the district is made aware about benefit schemes of minorities especially that of Muslims announced either by Central Government or State Governments such as Prime Minister 15 programme. Largest part of minorities, especially Muslims are apparently seen to be not aware of the educational benefits and development schemes by way means of scholarships. Furthermore, many students are

under impression that career such as engineering, medical and business management alone would upraise their future and payback fittingly. Therefore, there is heavy rush and competition, and institutions offering such courses are costly.

## **SCHOOL DRESS SPONERSHIP**

A slum community is located near the office premises of Janhit Foundation in the Shastri Nagar locality. A few children living in the slum go to school while others help their parents in daily household activities because of their poor economic conditions. Janhit Foundation sponsored school dress for five children of the slum enabling them to go to school. These children were not willing to go to their schools as they were daily scolded by their teachers for not wearing proper school uniform and felt ashamed of being reminded every day for it in front of their other friends.

### **Earth day**

Janhit foundation celebrated EARTH DAY on 22nd April in different schools. Director of janhit foundation Mrs. Rana attended earth day function at kasturba vidhalya and st. John's school where we organized drawing competition based on the central theme of the day "save planet- our mother earth". Many students participated and gave a vent to thrie imagination on the sheet of paper, exploring their ideas of saving earth. Earth day is an annual event, celebrated on April 22, on which events are held worldwide to demonstrate support for environmental protection. It was first celebrated in 1970, and is now coordinated globally by the Earth Day Network, and celebrated in more than 192 countries each year. More over, Janhit Foundation also organized a program of earth day in Vinayak Institute with support of ministry of earth sciences. Students participated in drawing competition based on theme save planet. Students reflected their thoughts on a sheet of paper. In the end, names of proud winners were announced and were honoured by presenting trophies and gifts.

## ENVIRONMENT DAY

**World Environment Day** ('WED') is celebrated every year on **5 June** to raise global awareness of the need to take positive environmental action. The 2013 theme for World Environment Day is *Think Eat Save*.

## **Workshop on 'Child Psychology and Child Rights and Provision in Law for Child in need of Care & Protection'**

This important workshop was organised to introduce the role of Child Welfare Committee, how to deal with the lost and missing children they come in contact with and to give them details about child protection, child rights and child behaviour. The workshop was inaugurated with screening of a film by Human Rights Law Network „Ek Tha Bachpan“. Thereafter Dr. Poonam Devdutt, renowned psychologist of Meerut & Mr. Ranjan Kumar, Law Officer educated the delegates on the issue of child psychology, child rights and to deal with them. The participants were around 200 people including Child Welfare Committee members, college students, police, shelter home and teachers.

## **CANDLE MARCH Under the banner "aab or nhi"**

CHILDLINE organizes the two day activity on 16th & 17th may 2013 under the banner of "AAB OR NHI", Meerut CHILDLINE organized a candle march on 16th may 2013, slum children, students, CWC Meerut & police personnels & social workers took part in the said candle march. On 17th may 2013, Meerut CHILDLINE organized a resource organization meeting with the allied system on the theme **child sexual abuse-prevention, reporting & effective intervention**. District Probation Officer of Meerut Mr.Yatendra kumar throws light on provision in law related to child sexual abuse. Senior Psychologist of Meerut medical college Dr.Sona kaushal Bharti gave lecture on child psychology. Over the last few months, several reports of horrific incidences of kidnapping, brutal gang rape, torture or murder of children in different parts of the

country have revealed the horrible reality of Child Sexual Abuse existing in our society and increased brutality in committing such crime against children. In January, a 4 year old girl was kidnapped, gang-raped and killed in Sirsa district of Haryana. Her body was found in a sewage pond. A five year old girl was raped, physically tortured and locked inside a room in an unconscious condition in New Delhi. She was found three days later on 16th April 2013 with grave injuries. A 4 year old girl was gang raped and abandoned in a crematorium in an unconscious condition in Ghansaur town in Seoni district of Madhya Pradesh. The girl died in a hospital in Nagpur on 29th April 2013. These incidences have drawn widespread response from common people demanding safer, secure and protected environment for children in the country and ensure justice to those who have been brutalized and victimized.

CHILDLINE is an agency with core mandate of protecting children from all forms of abuse, neglect, violence and exploitation, the network should collectively and proactively express its solidarity to this call. In order to voice our concern and express our collective solidarity, we have organized some activities against child sexual abuse in our respective cities involving stakeholders, allied systems and people in general. On 16th May 2013 Janhit foundation childline 1098 Meerut organized a candle march in which many slum children plus students participated. The objective of candle march was to protect the girl child who is being abolished and differentiated from society. The students who participated gave message "save youth of today, hope for tomorrow". The march started from janhit office crossing entire shastri nagar and ended at t-point near shastri nagar sec 6, Meerut.

## **CELEBRATED LABOURS DAY**

On 1.May.2013 janhit foundation celebrated labour day at chamber of conference, Meerut. JF and Childline participated and put forward their thoughts and working of Meerut childline1098. Ministry of labour Mr. Shahid Manjur and DLC ( District Labour Commissioner) were present who provided opportunity to JF to aware people present in the conference hall about childline. Mrs. Rana director of JF make them aware of facts

about child abuse cases and how they help in rescuing children from the trap of people who were using them.

## **15 AUGUST INDEPENDENCE DAY**

**Our mother land says" save every child , protect me , and accept those who have no hope"** Meerut childline celebrated the auspicious occasion of 15th August in their own office , The program was started with national anthem and patriotic songs after that Director of Janhit Foundation Mrs. Anita Rana shared her views regarding childline followed by cultural programme .

Childline celebrated this programme with 5 slum areas( Bangali Basti, Shastri Nagar, Islam Nagar, Shayam Nagar , Lohiya Nagar) children, In the end programme ended with laddu distribution

## **NARI CHOPAL, NOCHANDI, MEERUT**

On 11.May.2013 JF organized a cultural program Nari chopal at nachandi, Meerut. We provided the platform for slum children to show their talent. They showcased their talent as a singer, dancer and a poet. We appreciated their talents and honoured them with trophies and gifts.

## **OZONE DAY AT KASTURBA VIDHALYA**

September 16 was designated by the United Nations General Assembly as the **International Day for the Preservation of the Ozone Layer**. This designation was made on December 19, 1994, in commemoration of the date, in 1987, on which nations signed the Montreal Protocol on Substances that Deplete the Ozone Layer. Cognizant that education and information are the keys to solving this problem, World Ozone Layer Preservation Day was established to increase awareness of the need to halt the steady destruction of this vital layer of the atmosphere.

A wide variety of activities will celebrate the occasion, including: workshops, speeches, drawing contests, school parades and games, preparation and dissemination of press articles, scientific and technical lectures, and radio and television programs. Janhit foundation organized ozone day program at kasturba vidhalya, meerut .We organized debate competition and drawing competition at kasturba school. The theme of the day was “a healthy atmosphere, the future we want”. Student participated and kept their point of view about who is responsible for ozone depletion. Students also participated in drawing competition on the same theme. In the end winners were honored with gifts from director of Janhit foundation.

### **WORLD WILD LIFE WEEK**

World Wildlife Week was observed from 2nd to 8th October at Meerut. Marking the celebration, Janhit Foundation organized awareness programs and competitions for students of various government as well as private schools.

In the same line, a drawing competition was conducted at Mallu Singh Inter College and Kisan Kanya Inter College, Meerut on the theme “SAVE WILDLIFE”. Winners of the competitions were awarded on the final day during a prize distribution ceremony with Mr. Devesh Singh (Deputy Registrar, Society Chits and Funds) as the main guest.

### **Bhoomi Sanrakshan Week**

Bhoomi Sanrakshan Week (Land Conservation Week) was celebrated from 14th to 20th November, 2013 at Meerut in support with the District Land Use Committee, Meerut District. Various awareness activities were organised throughout the week including debate competition, story competition, slogan writing competition, exhibition, discussion, essay writing competition, story- telling, quiz etc. The theme of programs was based on different local issues related to land resources such as land, water, forest, environment, agriculture, city development etc..

The programs were organised at two levels, of which one was at junior level for children of classes 6-8 and senior level for children of classes 9-12. To mark the closure of the event, prize distribution was organised on 29th November, 2013 at Sanatan Dharm Kanya Inter College, Meerut and the winners of all the programs were awarded. The chief guest at the program was Mrs. Ritu Rinwa, President, Akansha Samiti and the jury panel had Prof. Y. Vimla from Botany Department and Dr. A.K. Dubey from Zoology Department of Chaudhary Charan Singh University, Meerut

### **Dussehra & Diwali Celebration**

On 14th October' 13, JF celebrated Dussehra with the children living in slum communities. A cultural program was organized by the children followed by a Ramleela show wherein the slum children acted different characters of Ramayana. Ms. Anita Rana briefed the children about the significance of celebrating this day and told them about Rama's victory over Ravana i.e. good over evil.

Diwali was also celebrated on 3rd November' 13 at A block slum area in Meerut. Crackers and lamps were distributed .

### **World Toilet Day**

World Toilet Day was observed at Meerut on November 19, 2014 wherein the community was made aware about the importance of toilets. Main guest of the program was Mrs. Rinwa, wife of District Magistrate Meerut.

### **Association with Indo-German School exchange Pro-gramme**

G D Goenka Public School, Ghaziabad invited JF to partner in their Indo-German project. JF as a project partner is providing its expertise and knowledge for conducting a detailed research study on Hindon river pollution.

On 15th November' 13 JF's team visited the school. Varsha Verma delivered a detailed presentation on Hindon River – Grasping for Breath and discussed the plan of action for implementing the project. It was decided that the students will conduct field visits, surveys, produce documentary and compile the research study report in consultation with JF.

Students would also run a website portal. Anyone visiting the portal would be able to suggest activities, solutions for the community to fight the pollution, local water testing solutions etc. Both German and Indian students would contribute for the portal.

### **FREE HEALTH CHECK UPS**

A free health check-up camp was organized at Rasoolpur Village in Meerut on 30th October 2013. A team of doctors from Delhi and Dr. Tanu Raj Sirohi from Meerut did check-up of the villagers and gave them free medicines. Majority of found to the patients were found to be suffering from dengue, high fever, malaria, viral infection in eyes and many more critical diseases. A few of the residents were also recommended for the district hospital for some tests and treatment.

### **GIVE AS YOU EARN**

Janhit Foundation undertook two important projects and took forward the excellent work being done under the **Give As You Earn programme**. Investing in women's economic empowerment sets a direct path towards gender equality, poverty eradication and inclusive economic growth. Women make enormous contributions to economies, whether in businesses, on farms, as entrepreneurs or employees, or by doing unpaid care work at home. Therefore, Janhit Foundation donated 10 sewing machines to women in Khakti village to start off their independent earning. The beneficiaries were those who already knew sewing and tailoring. This initiative has given a livelihood to these women. JF undertook another project that trained 25 youth who acquired skills to find employment. While working in the rural areas, through its other programmes,

Janhit found that after 10th grade, the dropout rate is very high as children are forced to stay at home due to various reasons such as financial crisis, family and societal pressures etc. This makes them educated enough to understand the basic skill set required landing jobs as semi-skilled or skilled labour. Hence, Janhit Foundation organized a training programme on mobile repairing wherein 25 youth have been trained over a period of two months. Intensive training was carried out and the results have been laudable as most of them have landed jobs in nearby repair and service shops which pay them a decent wage.

### **Promotion of Sanitary Napkin**

Janhit Foundation under the program called "Give as you earn", supported by CAF, visited a Girls' Government School (place, name of school) for distributing free sanitary pads to them.

The girls were also guided on how to safely dispose of the pads without deteriorating the surroundings. All girls being in the age group of 10 - 16 years of age were taught about the body and hormonal changes the girls' body go through during these days, significance of cleanliness during adolescent age and other general information on menstrual cycle. The session was made friendly, open and interesting by making it interactive and involving quiz . The girls were seen shy initially but later became inquisitive and curious . They asked multiple questions and were open to the ideas of healthy and clean well being. The event proved to be highly successful. Janhit Foundation plans to launch cheap sanitary pads affordable to these girls so that they could live a healthy life. With this concern, review period of 1 month is set to get feedback from these girls and then move ahead with the next big plan of setting up a cheap sanitary pad plant in that area. Thus, helping these girls alleviate from unhealthy life style to clean and healthy life.

### **TREE PLANTATION IN CCS, MEERUT**

A plantation is not a natural ecosystem. Plantations are also sometimes known as "man-made forests" or "tree farms", though this latter term more typically refers to specialist tree nurseries which produce the seedling trees used to create plantations. Generally a plantation is a forest land where trees are grown for commercial use, most often in a naturally regenerated forest but could also be a planted. Tree planting is grounded in forest science, and if performed properly can result in the successful regeneration of a deforested area. Reforestation is the commercial logging industry's answer to the large-scale destruction of old growth forests, but a planted forest rarely replicates the biodiversity and complexity of a natural forest. On 11th August 2013, Janhit foundation, Rotary club and forest department organized an afforestation program in Chaudhry Charan Singh University, Meerut. Mr. Lalit verma (DFO), Mr. V.C. goel (V.C of CCS), Dr. vimla and Prof. Yogendra along with director of janhit Mrs. Anita Rana planted trees. Many students of CCS planted saplings and took oath to make city green and pollution free.

# CHILDLINE Activities

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## SUCCESS STORIES

### *Reunion of a boy with his family!*

CHILDLINE got a call from Mumbai by the parents of a 15 year boy named Tushar who had a drug problem. The parents were desperate to get help for their son and stage an intervention. The team at CHILDLINE Meerut patiently heard them out and suggested that the boy should be sent to a rehabilitation centre where he would receive proper treatment. We got another call after 3 days informing us that Tushar had run away from home and was untraceable. CHILDLINE asked for photographic proof for confirmation of his identity. By 19<sup>th</sup> February, 2014 the boy was traced and found. The team at CHILDLINE Meerut worked relentlessly to locate the boy and the task was accomplished as the boy was reunited with his family. CHILDLINE continued to provide information regarding sobriety centres to help tushar and his family .

### *Shelter to a child*

CHILDLINE Meerut received a call on 1-2-2014 informing about a girl named Agyat who had a speech problem and was unable to speak. Agyat was collected by the team from the Delhi Gate Thana and brought to the office to provide temporary shelter. She was counseled and it was discovered that she was mentally disturbed. Further attempts to inquire about her background and family proved futile as she was diagnosed as mentally and emotionally unstable. Our team showed tremendous sensitivity and handled the case delicately. It was decided by the team to send her to Naari Niketan in Meerut which is an organisation that provides shelter to rescued women who have no homes. The case was closed as the Childline team successfully managed to deliver.

### *Restoration of child*

On 16<sup>th</sup> January, 2014 CHILDLINE Meerut received a call from a caller named Sanjay who reported a lost child in Nauchandi Meerut. Nauchandi Mela is an annual fete that has a number of activities having a mixture of religious fervor, commercial activity, artistic creativity and rustic merriment. It is a huge event with a massive footfall. There are innumerable cases of missing and lost children every year as they tend to stray in the crowd. Samat, an 8 year old boy who wandered off and got separated from his family. CHILDLINE Meerut picked up the young boy from the Nauchandi police station. He was counselled by the team members and his family was contacted after getting information. He was immediately reunited with his family who were beyond happy and relieved to get their precious son back. They thanked the team at CHILDLINE Meerut and congratulated us on our good work.

### **CHILDLINE ADVISORY BOARD MEETING**

Childline Advisory Board meet was organized on 20<sup>th</sup> October 2013 in the office campus. We had Dr. Poonam Devdatt(counselor medical col-lege), Dr. Kussum Aggarwal (Retd. Principal R.G Degree college), Mr. S.L Gupta (Rtd. Officer PNB), Mr. Sidharth Singh(Business man), Dr. Ruchira Singh( Social Worker), Dr. Arvind Kumar(Rtd. S.P) and childline counselor Ms. Neera Chaudhry along with entire team of janhit attended the meeting. The objective of the meeting was to discuss the methods and plan for making people aware about childline 1098 in meerut. Team members shared their ideas to make childline more progressive in action.

### **OUTREACH**

Meerut childline takes its social responsibility role seriously and dedicates one day every week as a social impact day. On that day all members get on field, join hands with community and commit time and energy to the community. Dus nau aath was the song on every child's lip in the community .

The team also distributes pamphlets, posters, sticker labels and interacts with people telling them about CHILDLINE. It is mainly an awareness program. CHILDLINE was able to restore 52 children aged between 14-15 years during mela and reunited them with their family.

## OPEN HOUSE

All the volunteers gathered into the city area, performing street plays and puppet shows at different localities and reaching out to various people and children in the community. Through skits Meerut CHILDLINE team told the story of four friends who were street children and the difficulties they faced living on the streets. These children enacted the problems they face with local dadas, with the police and with harsh employers. Didi comes from Childline to the rescue of the street child in the end freeing them from their employer.

The puppet show performed by staff was loved the most by the children. With attractive puppets, staff told the story of two friends Bantu and Raju, their dog Tingu and CHILDLINE Didi. All the characters danced and sang to the tunes of 1098, and told the children that any child or concerned adult could call 1098 in case of missing or abused children, children in need of medical assistance or in need of care and protection as well as any child suffering from HIV/ Aids.

## **Rehabilitation**

CHILDLINE received a call from Mumbai helpline CCE Ms. Sheela Sawant. She told about Mohd. Fariq Ahmed (Father of Ms. Sanya) from Meerut calling them about his daughter who was missing since two days. She asked Meerut CHILDLINE to verify the care and help the missing child. Later, Meerut CHILDLINE got a call from Mohd. Fariq Ahmed, father of missing girl.. He asked for help from CHILDLINE and told that he had already been taking CHILDLINE's help for her daughter who was found missing

two times earlier also. Further on 23.04.13 Cons. Kuwarpal Singh from Lisari Gate police station contacted Meerut CHILDLINE. He told that they have found a child who was not telling her name and address. CHILDLINE took the child in her custody and identified her as Sanya after regular counseling. She was then reunited with her family. Since the child was deaf and dumb, her father was suggested to give her some identification (such as a tattoo).

### **Shelter support**

Wasim Khan with a six month child, approached Meerut CHILDLINE. He told that the child was found on the footpath. The child was ill and there was no identification of her family. The child was immediately produced to the CWC office. Seeing child's serious condition, C.W.C ordered her to be immediately admitted in L.L.R.M hospital. After full treatment and medication the child was sent to a Rampur based child home.

### **CHILDLINE Se Dosti Week Celebration at Meerut**

#### *CRICKET MATCH*

A cricket match was played at Sarai Kaji between two teams from different slums. The match began at 10:00 am and continued for four hours. All the players and the crowd watching the match enjoyed the event. Team from Sarai Kaji won the match by two wickets.

#### *RANGOLI MAKING COMPETITION*

Rangoli making competition was organised at A Block Shastri Nagar slum in which fifteen children of different age groups participated. The winners were presented gifts and all the children were given refreshments.

#### *DRAWING COMPETITION*

A drawing competition was organised at Kasturba Gandhi Awasiya Vidyalaya on 'Child Rights'. Students of classes 2nd to 8th participated in the competition. The sheets were

collected for evaluation and next day the winners were awarded at the prize distribution ceremony.

#### *RAKSHASOOTRA PROGRAM*

A team of 15 children visited the office of SSP Meerut. Rakshasootra bands were tied to the SSP and his colleagues at the office followed by an oath ceremony. All the officials pledged to work for the children in need of care and protection and also to provide all necessary support to Meerut CHILDLINE in their cause. Towards the end, signatures of all the officers were taken on the 'CHILDLINE SE DOSTI' banner.

#### *BIRTHDAY CELEBRATION OF SLUM CHILDREN*

Mrs. Rinwa, wife of District Magistrate Meerut visited A-Block slum on the request of Meerut CHILDLINE to celebrate birthday of two kids of the slum. She also visited CHILDLINE's office to understand the work and participate in the signature campaign.

#### *RALLY AT MALLU SINGH KANYA INTER COLLEGE*

A rally was organised at Mallu Singh Kanya Inter College. It was inaugurated by the principal of the school, Mrs. Neera Tomar. The students participating in the rally took banners and posters in their hands and spoke different slogans to make the community aware about child rights.

#### *CHILDREN'S DAY CELEBRATION AT BAL-GRAH*

Children's day was celebrated at Balgrah, Meerut. Main guests at the program were Mr. Yatendra Kumar DPO Meerut, Mr. Ravindra Chauhan CWC Member, Mrs. Neera Tomar Principal Mallu Singh Kanya Inter College and Ms. Anita Rana Director of Janhit Foundation. Cultural program was organised on the occasion followed by Cake and refreshment distribution to all the kids .

#### **GYAN ASHRAM**

Children living in informal settlements must grow up fast: they are often the informal solution for their families struggling to deal with daily problems involving infrastructure access and livelihoods. Children too often fetch water, watch over younger siblings and sick household members, and step into the role of productive contributors to help the household make ends meet. Saddled with these responsibilities, they must often limit or forego their schooling, cutting short their future educational potential and the economic and social opportunities, as well as skills, that education affords. This vicious cycle of poverty is one of the biggest issues in development, and necessitates significant creativity to problem solving. We help slum children to gain basic knowledge and education so that they also find themselves one of those who have all opportunity. Not only provide basic education but also admit them in schools for further studies.

Janhit foundation currently imparting education in A-Block slum, Bangali basti, and many more slum areas. Our team member helps slum children in learning and also educates them about various child/sexual abuses. Innocent children are unaware of facts about this world and if we talk about slum children they are absolutely unknown to this infinite world. Imparting education can only help them to grow and raise their living style. These children are pillars of the nation. To reach the level of developed country we need to educate our people.

## **Interns**

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<b>Name of the student</b>	<b>Institute Name</b>
Monika Sachdeva	IMS, Dehradun
Manasvita Verma	Symbioses, Pune
Meenaksi Dwevedi	MSW, CCS University
Sonal Bansal	MSW, CCS University
Prateek Bahl	NMIS, Mumbai

Abhishek Sheoran	NMIS, Mumbai
Vaibhav Singal	NMIS, Mumbai

## Awards & Citations

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### **Award by Rotary Club, Meerut**

Ms. Anita Rana was awarded by Rotary Club, Meerut for her contribution to-wards the betterment of the society. The award was given by Mr. Kapil Goel, President of Rotary Club at a function on 16th October, 2013.

### **Dual Honour for JF's Chief**

Ms. Anita Rana, the chief of Janhit Foundation has been acknowledged by the Vodafone as an inspiring role model to many aspiring women as a part of the initiative of

Vodafone and Roli Books 'Women of Pure Wonder: Struggle, Survival'. She has been featured in the Coffee Table Book on Women Empowerment as one of the fabulous personality of Social sector which was released by Actor and Film star Ms. Kajol in a function on December 4th, 2013 at Delhi. The book has covered outstanding contribution of 60 women's from the different fields belonging to social sector countrywide. Ms. Rana has been honored for her contribution in fighting against odds, without losing her zeal for life.

She has also been awarded by another prestigious award of Aqua Foundation New Delhi named "Baba Neem Karoli Maharaj Award 2013 - Universal Excellence Award" by Smt. Krishna Tirath, Hon'ble Minister for Women and Child Development during a grand public function at India Habitat Centre New Delhi on December 12, 2013. The award has been conferred upon Anita Rana for her untiring efforts towards serving humanity.

Janhit foundation was honored by Shahid manjoor for great work in social causes on 8thSeptember.

Mrs. Rana director of janhit was honoured for work in field of water on 28th September by CCS University.

Rastriya Pryavaran Ratna Puraskar (2013) by Vishva Mitra Parivar, Delhi.

Mahila Samman From Prayatana in Delhi.